



## **ADULT INFORMED CONSENT**

### **Your rights to information about us**

All our mental health professionals are registered, certified, or licensed as required by law and are held to the highest of legal and ethical standards. We are committed to your rights of information regarding office policy, non-discrimination, confidentiality, consent, and competent service.

If you have any questions or concerns, please do not hesitate to tell us. For further information please visit our website [www.wellnesscentre.ky](http://www.wellnesscentre.ky) or call us at 949-9355.

#### **1. Child Safety Policy**

The Wellness Centre Ltd operates an open-door policy as it relates to the service of children under the age of 18 years. Although most therapeutic services are conducted behind closed doors between a child and their primary therapist, if at any time a parent wishes to do so, they may enter their child's therapy session without knocking or advanced notice.

#### **2. Confidentiality**

Unless you grant us permission to do so in writing, we will not inform anyone that you are receiving therapy, nor will we disclose the content of your treatment. Additional consent will be required for The Wellness Centre to provide treatment to minors and to exchange information with a third party.

Family matters will also require consent from all primary adults involved before treatment materials will be released. You may revoke your permissions in writing at any time.

Please note client records will remain property of The Wellness Centre for a period of 10 years, after which time they will be destroyed. We function as a clinical team at the Wellness Centre and therefore utilize internal peer supervision and consultation regularly as well as professional external consultation and supervision as needed.

Any para-professionals, administrators, or interns are also bound by our strict ethical code of confidentiality; they are bound by a written declaration of fidelity to confidentiality.

However, there are a few circumstances when we have a legal obligation to disclose information without your written permission.



- 1) **Harm to a Child/Elderly Person/the Disabled:** If we are made aware that a vulnerable person is in direct danger, we are legally obligated to make our concerns known to the appropriate authorities;
- 2) **Harm to Self or Others:** If at any time it is our clinical assessment that your actions or intentions are of a threatening nature to yourself or others, we have a legal obligation to make these concerns known to the appropriate authorities.
- 3) **Order of the Court:** The Court of the Cayman Islands may at any time request information regarding your treatment where it is applicable to current or pending criminal case proceedings.
- 4) **Professional Supervision.** The Wellness Centre operates as a team structure and performs professional best practices such as clinical meetings, supervision, and consultations to ensure the most beneficial care in collaboration with internal practitioners. No outside professionals will be involved. Any conflicts of interest will be identified and may be avoided upon request.

### 3. Corporate Partners

All employees of our Corporate Partners receive individual, family, and couples counselling at no cost to them. Family members of employees may also receive free services or a Corporate Partner discount depending on the company. Corporate Partner employees also receive a discount for specialized services. Please identify yourself as an employee of one of our Corporate Partners at the time of booking.

### 4. Complaints

If at any time you believe your rights have been violated or you have concerns about the quality of service received, you are encouraged to speak to your therapist. If you are not able to resolve your concerns, you may contact the Director, Dr. Shannon Seymour, in writing.

*Client Satisfaction Surveys* are available at your request. If no course of action has been helpful to you, you have the right to speak to a member of the Health Practice Commission [www.dhrs.ky/hpc/contact.php](http://www.dhrs.ky/hpc/contact.php)

The Cayman Islands Council for Professionals Allied with Medicine has set out a code of practice and guidelines for the provision of counselling services for your protection.

By signing below, you indicate you are fully informed and agree to the preceding information and consent to treatment. By signing below, you also agree that if you or



someone in therapy with you makes an allegation against this agency, or any employee acting in the capacity of the agency for a legal or ethical violation, we have the right to release information sufficient to our own defense against the charges made.

Signature of Client:

Print Name:

Date (dd/mm/yy):